

THE WATCHUNG ARTS CENTER

Zumba

Zumba Open House






Saturday, May 18, 2013

10:30 - 11:30 am

- Enjoy a free trial class featuring twenty minute sessions catering to adults and children.
- A chance to meet the instructor and enjoy light refreshments.
- Register for the upcoming sessions beginning evenings on Wednesday, May 22 and mornings on Saturday, May 25.
- Registration flyers can be obtained at the Center or online at WatchungArts.org or by emailing WACenter@optonline.net

Instructor Yulibeth Oliveira

Physical Therapist with over 12 years of experience and Director of Rehabilitation. Started teaching Zumba for the nurses, therapist and staff members at work. Yulibeth has struggled with weight problems since childhood but Zumba has made a significant change in her life-style and she has successfully lost over 35 lbs in the last year.

-  Zumba Basic License to teach regular Zumba® classes.
-  Zumba Gold License to teach specially designed Zumba classes for the active older adult or deconditioned participant.
-  Zumbatomic License to teach the custom-designed kids program that blends dance-fitness routines with fun games and high-energy music.
-  Zumba® Convention 2012 Attended Zumba® Instructor Convention 2012
-  Affiliate This instructor is a registered affiliate

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